

Care Management Plan

Jamaica (Mandeville and Montego Bay)



OVERVIEW

Company Mission

Our company mission is to make it the norm for young men and women from developed countries to live and work as volunteers in a developing country; they should work on projects that have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire.

Care Programme Mission

Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development. This will be done by attending to the critical needs of the country's children to ensure that each child has an equal opportunity to develop his or her full potential through access to best care practices. Additionally, we aim to assist in integrate elderly and disable people in society so that they have access to the necessary care and support services.

Background Information

Since achieving independence in 1962, Jamaica has suffered from poor GDP performance, high debt, unemployment, poverty, crime and weak infrastructure.¹ These problems are worsened by rapid migration and urbanisation, which have negatively impacted on the structure and stability of the Jamaican family. Jamaicans wish to break out of this cycle and build a quality society.

The Planning Institute of Jamaica (PIOJ) was mandated by Government to guide a long-term development plan that will enable Jamaica to achieve developed country status by 2030. The following targets are outlined in Jamaica Vision 2030 and will be addressed by various components of Projects Abroad Jamaica's Care programme.

Jamaica Vision 2030 Target	Projects Abroad Care Programme
"Ensure that children 0-8 years old have access to adequate early childhood education and development programmes."	Parenting Project
"Support national food security"	Nutrition Project (re-introduced in January 2014) Health & Safety Project (to be launched in January 2015).
"Expand opportunities for the poor to engage in sustainable livelihoods."	Parenting Project

¹ Vision 2030 - Jamaica – National Development Plan

One of the Millennium Development Goals (MDGs) is to eradicate extreme poverty and hunger by 2015.² While this target will not be met in Jamaica, Projects Abroad continues to work toward achieving sustainable human development and poverty reduction with our Care programme. Volunteers assist marginalised populations such as young school-aged children, the homeless and sick adults living on the streets of Mandeville. The aim is to reduce the number of people afflicted by hunger by looking after their physical, psychological, nutritional and social needs. Volunteers help provide basic supplies and care for institutionalised children and people living on the streets.

Partners

Mandeville

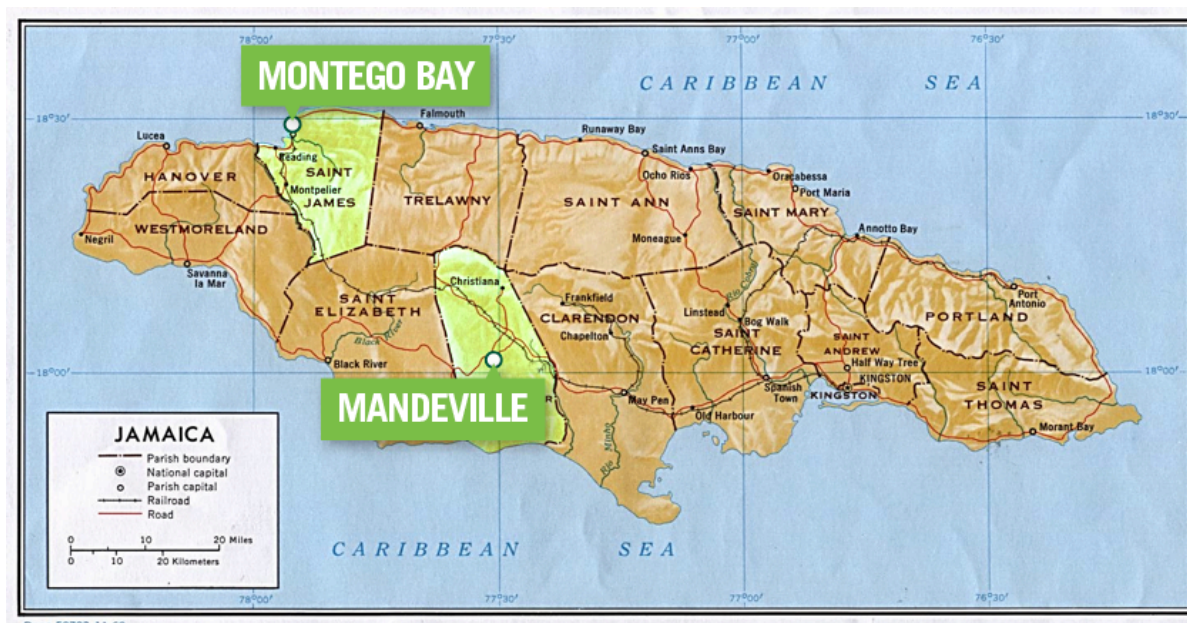
Projects Abroad's Care programme works with approximately 30 partners. These include 12 day care centres, one orphanage, one infirmary offering geriatric care, two centres caring for children with special needs, institutions that address the needs of troubled or abused children and several government agencies including the Ministry of Education and Early Childhood Commission. All Care placements are located within 20 minutes of Mandeville's town centre.

Montego Bay

The Care programme in Montego Bay works with approximately 10 partners and stakeholders. The placements include Blossom Gardens Child Care Facility, Garland Hall Baptist Orphanage, Robins Nest Children's Home and West Haven Children's Home.

All the Care placements are within 5-45 minutes drive from the town centre of Montego Bay.

LOCATION OF PLACEMENTS



Map of Jamaica with the town of Mandeville and Montego Bay highlighted where placements are located.

² Millennium Development Goals: Jamaica. <http://www.indexmundi.com/jamaica/millennium-development-goals.html>

GOALS

Mandeville

Goal 1: *To improve the level of stimulation, emotional support and care received by at least 400 children and 90 elderly persons in orphanages, day cares and at the infirmary which will enhance their physical, psychological, emotional and developmental needs over the next three years.*

The pay regular caregivers earn at placements is normally inadequate and de-motivates staff. As a result, the staff do not pay sufficient attention to children and the elderly. It is very important that volunteers provide additional support to assist regular staff in their day-to-day activities.

Goal 2: *To improve the parenting skills of 150 individuals and the level of stimulation, emotional support and care received by 150 children (0-3) years old in four poor communities, which will enhance their physical, psychological, nutritional, emotional and developmental needs over the next three years.*

In order to touch the lives of children in a meaningful way, we have to improve the skills of parents. Volunteers on the Parenting Project work with 10-15 families in a specific community. At times, parents do not have the skills or resources to help their children in productive ways. Projects Abroad Jamaica partners with Rural Family Support Organisation (RuFamSO) to expand their Roving Caregivers programme.

Goal 3: *To assess and improve the nutritional and health status of 30 children in the orphanage over the next three years.*

Nutrition is critical in young children's growth and development as well as impacts their future health. Childcare providers are encouraged to teach children about food groups and nutrition, but often do not have the proper tools to do so. Projects Abroad Jamaica, in realising the shortfall in good nutritional practices in childhood care, facilitates a project where children can benefit from healthy eating habits. Food is provided in a breakfast programme to selected schools and placements.

Goal 4: *To evaluate, improve and promote the safety and security of at least 400 children in orphanages and day care centres over the next two years.*

Projects Abroad Jamaica recognises that safety and security is often not a priority for orphanages and day care centres. The Care programme aims to educate caregivers about the rights of a child, make them aware of safety and security guidelines and assist them in the implementation of these principles for the greater good of the children entrusted in their care.

Goal 5: *To enhance the care and protection provided to 200 homeless and streets in Mandeville and its environs by addressing issues relating to their day-to-day care, health, education, food and clothing over the next two years.*

There are increasing numbers of homeless and street persons in the town of Mandeville. This is a need that we feel needs to be addressed urgently hence our goal aimed at offering care and protection to these individuals.

Montego Bay

Goal 1: *To improve the level of stimulation, emotional support and care received by at least 150 children in orphanages which will enhance their physical, psychological, emotional and developmental needs over the next three years.*

Children who are placed in orphanages normally do not receive adequate love and support due to understaffing. It is therefore very important that the Care programme provides

additional care and support by assigning volunteers to the placements to assist regular staff in taking care of the children.

Goal 2: *To improve the parenting skills of 150 individuals and the level of stimulation, emotional support and care received by 150 children (0-3) years old in four poor communities which will enhance their physical, psychological, nutritional, emotional and developmental needs over the next three years.*

In order to touch the lives of children in a meaningful way, we have to improve the skills of parents who are charged with the task of shaping young minds into wholesome characters. The parenting project is designed to allow volunteers to work with families in a specific community and provide parents with the skills or resources to help their children in productive ways.

Goal 3: *To assess and improve the nutritional and health status of 150 children in the orphanage over the next three years.*

Nutrition is critical in young children's growth and development as well as impacts their future health. Childcare providers are encouraged to teach children about food groups and nutrition, but often do not have the proper tools to do so. Projects Abroad Jamaica, in realising the shortfall in good nutritional practices in childhood care, facilitates a project where children can benefit from healthy eating habits. Food is provided in a breakfast programme to selected a orphanage.

Goal 4: *To improve the level of literacy and numeracy of 24 children at the Garland Hall orphanage over the next year.*

Most of the children at the orphanage are unable to read and write. As such, there is the need to improve their skills through reading, writing and numeracy activities.

Goal 5: *To foster personal development among children through various empowerment intervention strategies of 24 children at the Garland Hall orphanage over the next year.*

Many children who live in an orphanage believe that they have very little to give back to society and have lost sight of their importance as a child. Projects Abroad Jamaica aims to restore value and self confidence to each child's life, thus producing well-rounded citizens.

RESOURCES

Mandeville

- An average of 200 Care volunteers per year
- One Care Project Officer and one Programme Development Manager
- Myprojectsabroadresources (www.projects-abroad.co.uk/resources)
- Books, stationery, laptops and Internet access
- Weekly project meetings/ discussion sessions with volunteers
- Monthly outreaches
- Quarterly workshops

Montego Bay

- An average 150 care volunteers per year
- One x Volunteer Coordinator Development Manager and One X Programme
- Myprojectsabroadresources (www.projects-abroad.co.uk/resources)
- Books, stationery, laptop and Internet access
- Project Meetings, workshops, outreach

MONITORING & EVALUATION

- Quarterly placement feedback
- Weekly placement visits by staff
- Annual review of Care Management Plan
- Volunteer Debriefing Forms and End of Placement Feedback Forms
- Checklists for each goal
- Feedback from intended beneficiaries

Mandeville

Projects Abroad
Care Programme - Jamaica

Company Mission: (the change we want to see in greater society)			Care Programme Mission: (the change we want to see for the target group)						
Our mission is to encourage young people to volunteer for worthwhile work in developing countries. We expect that doing this kind of voluntary work will in time become the norm. As more and more people join us, we aim to create a multi-national community with a passion to serve, to learn, to understand, to teach, to inspire and to be inspired			Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development						
Goal 1: To improve the level of stimulation, emotional support and care received by at least 400 children in orphanages, day care centres and 90 elderly persons at the infirmary which will enhance their physical, psychological, emotional and developmental needs over the next 3 years									
	Actions	Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
1.1	Providing at least 10-15 hours of meaningful, culturally relevant, interactive and creative individual and group stimulation sessions; support and care per week per volunteer for each day at a care centre for the elderly residents at the infirmary	At least 50 elderly and 200 children, would have each received 10-15 hours of stimulation support by the end of 2014	Transportation cost for volunteers, staff, workshop venue, refreshment, facilitator, folders, reproducing material, material	Improved physical, psychological, emotional development of at least 50% of children at orphanages and day care centres by the end of 2014	Pre-assessment of children using the developmental milestone assessment from the Early Childhood Commission, post-assessment, monthly reports by placement, volunteers and staff	There will be a consistent number of volunteers arriving each month	Care Volunteers, Project Officer, Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation tool to be developed
1.2	Engage volunteers in collecting and recording memories and events in the life of each child at the orphanage over a 1 year period - My Life Story Book Project	Each child at the orphanage will have a My Life Story Book recording memories and events in their lives by the end of 2014		Improved physical, psychological, emotional development of at least 5% of the elderly residents especially in their motor skills by the end of 2014	Pre-assessment of the elderly, post-assessment, monthly reports by placement, volunteers and staff	Children will participate in all activities			
1.3	Organise at least 1 workshop per quarter for volunteers and placement staff to learn and improve on skills relevant to the goal	At least 4 workshops with 70% of placement staff and all care volunteers in country attending by the end of 2014				Residents at the infirmary will participate in all activities			
1.4	Organise to have a guest presenter attend at least 1 project meeting per quarter to provide expert advice and guidance on the Rights of the Child and Child Abuse	At least 4 project meetings on the Rights of the Child and Child Abuse being facilitated by an experienced guest presenter by the end of 2014				Placements will offer some level of flexibility for volunteers to increase and improve stimulation activities within or outside of normal schedule			
1.5	Assist volunteers in creative ways to execute their duties by facilitating at least 30 project meetings to pass on useful ideas and tips	At least thirty 30 project meetings that will enhance the capacity of the volunteers				Enough resources will be secured			
1.6	Purchase and/ or create at least 2 useful charts/ resources per placement to assist in executing duties/ responsibilities of volunteers/ staff at placement	70% of placements having charts on display by the end of 2014				Volunteers will be serious about work			
1.7	Engage volunteers in the distribution of at least 5,000 balls and enhancing stimulation of children through play	5,000 children in Jamaica will own a ball by the end of 2014							
1.8	Organise 1 social event per year for the elderly at the Infirmary	At least thirty (30) residents participating in the social event							
1.9	Facilitate relationships and bonds between volunteers and children at the orphanage for future friendships and mentorship through Chords of Love Project	Each child at the orphanage will have a friend / mentor in the form of a volunteer by the end of 2014 and will wear the signature wristband							

Goal 2: To improve the parenting skills of 150 individuals and the level of stimulation, emotional support and care received by 150 children (0-3) years old in 4 poor communities which will enhance their physical, psychological, nutritional, emotional and developmental needs over the next 3 years									
	Actions	Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
2.1	Organise weekly individual sessions for 3 hours with each registered child on the parenting project	50 children registered on the parenting project during the first quarter of 2014	Transportation cost for volunteers, staff, art and craft material, material to make toys, 5 parenting manual, transportation for social event, refreshment for social event, workshop - venue, refreshment, facilitator, folders, reproducing material	Improved development of children on the parenting project with 80% moving to the next developmental level every 6 months (June and December each year)	Developmental test results	Children will consistently participate in the activities	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Create an evaluation plan (to be developed by March 2014)
2.2	Organise group sessions for 3 hours so that children to interact with their own age group. Once per year organise a social event for children and parents	1,800 interactive sessions with children each year (4 sessions monthly x 9 months = 36 session per child)		Increased display of positive social skills of 50% of children at the end of each year	Checklist of social skills (before intervention and at the end of each year)	Parents will consistently participate in the activities			Annual process, summative and outcome evaluation to be conducted by December 15th each year
2.3	Source, (design if necessary) and make early stimulation toys (with parents) and resource material to be used on stimulation sessions	At least 24 group sessions (twice per month)		50 children each year having 6 toys each and demonstration of the toys being used by parents	Pictures of volunteers conducting sessions	Parents will do follow up activities with children outside of the parenting sessions			
2.4	Facilitate weekly individual parenting development sessions for 1 hour on key issues identified during interaction with children, observation and secondary data (discipline, health and safety, children's rights and nutrition among other things)	At least 4 individual parenting development sessions each month with 80% of parents on the parenting project		Checklist of key issues (before and after the intervention) showing 30% improvement based on issues addressed by the end of each year	Checklist of key issues (before and after the intervention)	Relevant agencies will collaborate on the various events			
2.5	Organise quarterly parenting empowerment workshops	4 parenting empowerment workshops held by November 2014 with 80% of parents on the parenting project participating			Toy box at each child's house	Parents with low literacy levels are willing to participate in Community Literacy Project			
2.6	Organise mini-community parenting fairs bi-annually to sensitise the general community about effective parenting				Monthly reports	Enough resources will be secured			
2.7	Organise monthly workshops for volunteers to be fully knowledgeable on specific areas to be practiced/ taught to parents.				Feedback/ reports from parents	Volunteers will be serious about work			
Goal 3: To assess and improve the nutritional and health status of 150 children in the orphanage and other facilities over the next 3 years									
	Actions	Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
3.1	Monthly meeting with volunteers to plan balanced diets for the children	40 children showing improved health status by the end of 2014 resulting from eating balanced meals	Transportation cost for volunteers, staff, workshop - venue, refreshment, facilitator, folders, reproducing material	Increased knowledge on preparing healthy meals for children by all staff at the orphanage by the end of 2014	Consultation with caregivers as it relates to child's health; doctor's reports, frequency of illness, kinds of illness and activity level in comparison to before the project started	Caregivers will apply their newly gained knowledge in the preparation of meals	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation report to be developed
3.2	Arrange for a professional speaker at least once per quarter to present at a workshop on the topic of nutrition and health	At least 4 workshops by the ending of 2014, facilitated by professional speakers, on nutrition and health topics		70% of children happy, lively and healthy children and are less prone to common illnesses		Persons attending the workshops will find it beneficial			
3.3	Organising for at least quarterly check-ups for children by a medical doctor					Children will enjoy their meals and their health status will improve			
3.4	Preparation of 5 charts by volunteers	at the end of 2014				will appreciate the			
3.5	1 weekly meeting with placement supervisor to assess the project's delivery and reception					Enough resources will be secured			
3.6	Utilising existing or develop simple games to teach children about nutrition and health	At least 5 hours each week dedicated to games and activities teaching children about nutrition and health				Volunteers will be serious about work			
3.7	Organise and have readily available information for new volunteers about the project								
3.8	Organise 1 session per month for volunteers to interact with children in hospitals, engaging them in creative and cheerful activities while they recover (Broken Wings Project)								
3.9	Have volunteers assist in serving/ feeding meals to children								

Goal 4: To evaluate, improve and promote the safety and security of at least 400 children in orphanages and day care centres over the next 2 years									
	Actions	Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
4.1	Volunteers will complete safety checklist at least once per month to assess safety measures being taken	At least 50% of placements, by the end of 2014, assessed and necessary recommendations put in place	Transportation cost for volunteers, workshop/ training resources, resources for volunteers to use at placement	Increased safety and security of at least 200 children by the end of 2014	Monthly safety checklist	Children will be able to grasp basic safety and security measures	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation report to be developed
4.2	Facilitate at least 1 workshop per quarter for placement staff	At least 4 workshops by the end of 2014 for placement staff			Before and after pictures	Staff will become more responsible in ensuring safety and security guidelines are followed by both staff and residents			
4.3	Facilitate at least 2 project meetings each quarter with volunteers to highlight and assess specific areas of project to be executed at specific times	8 properly planned project meetings by the end of 2014, covering specific topics for execution of goal				Placement supervisors will appreciate the initiative and encourage its continuation			
4.4	Plan activities geared at improving safety measures at placements					Enough resources will be secured			
4.5	Organise and have readily available information for new volunteers about the project					Volunteers will be serious about work			
4.6	Preparation of charts by volunteers illustrating proper safety tips and children's rights	Health and safety and children's rights charts on visible display at key locations in placements							
4.7	Assisting volunteers with creative and interesting ideas to execute and ensure that their efforts are well received at individual placements								
4.8	Purchase and/ or create at least 3 useful charts/ resources per placement to assist in executing duties/ responsibilities of volunteers/ staff at placement								
Goal 5: To enhance the care and protection provided to 200 homeless and streets in Mandeville and its environs by addressing issues relating to their day-to-day care, health, education, food and clothing over the next 2 years									
	Actions	Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
5.1	Engaging at least 30 community members and businesses to join the cause	At least 50% approved partnerships from community members and business owners by the final quarter of 2014	Cost of food, preparation of food, transportation of food	At least 80% of homeless and street persons provided with care each month during 2014	Pictures of volunteers and Projects Abroad staff actively participating	Community members/ stakeholders will contribute	Project Officer - Care	Quarterly review of contributions made outside of Projects Abroad	Evaluation report to be developed
5.2	Serving at least 1 hot meal per fortnight to the homeless in Mandeville	At least 80% of homeless persons identified and fed at least 24 times by the end of 2014	Resources for workshop/ meeting, transportation cost for follow up meetings and cost for refreshment for workshop	Partnerships formed with at least 5 key partners to support this cause by June 2014	Checklist of partners/ contributors to the project	Recipients will be appreciative and will enjoy their meals	Care volunteers	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	
5.3	Assess IQ of the homeless and provide inspirational quotes and literature to try and motivate them		Binders		Observations of their performance	Volunteers will find the activity worthwhile	Programme Development Manager		
5.4	Conduct a thorough reconnaissance of Mandeville town to assess the number of homeless persons that will be fed through the programme	All Care volunteers actively participating in the distribution of meals while they are in destination			Monthly report	Enough resources will be secured			
5.5	Organise at least 2 large outreach per year geared towards feeding the homeless and street people in Mandeville					Volunteers will be serious about work			
5.6	Develop and maintain a complete database with relevant demographics of all the recipients on the project	Having an active register of all homeless individuals in Mandeville, their location and condition by the end of 2014		Binder with records	Populated folder with relevant information				
5.7	Start a donation campaign and introduce to volunteers so they can donate clothing and other items when they are returning home	At least 30% of homeless receiving donations (clothing items) from volunteers by the end of 2014							
5.8	Organise for the mentally challenged and physically ill persons to get the relevant medical assistance at least once per quarter								

Projects Abroad Care Programme - Jamaica										
Company Mission: (the change we want to see in greater society)		Care Programme Mission: (the change we want to see for the target group)								
Our mission is to encourage young people to volunteer for worthwhile work in developing countries. We expect that doing this kind of voluntary work will in time become the norm. As more and more people join us, we aim to create a multi-national community with a passion to serve, to learn, to understand, to teach, to inspire and to be inspired		Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development								
Goal 1: To improve the level of stimulation, emotional support and care received by at least 400 children in orphanages, day care centres and 90 elderly persons at the infirmary which will enhance their physical, psychological, emotional and developmental needs over the next 3 years										
	Actions		Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
1.1	Providing at least 10-15 hours of meaningful, culturally relevant, interactive and creative individual and group stimulation sessions; support and care per week per volunteer for each day at a care centre for the elderly residents at the infirmary	Improved sensory, motor and cognitive development for children	At least 50 elderly and 200 children, would have each received 10-15 hours of stimulation support by the end of 2014	Transportation cost for volunteers, staff, workshop venue, refreshment, facilitator, folders, reproducing material, material	Improved physical, psychological, emotional development of at least 50% of children at orphanages and day care centres by the end of 2014	Pre-assessment of children using the developmental milestone assessment from the Early Childhood Commission, post-assessment, monthly reports by placement, volunteers and staff	There will be a consistent number of volunteers arriving each month	Care Volunteers, Project Officer, Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation tool to be developed
1.2	Engage volunteers in collecting and recording memories and events in the life of each child at the orphanage over a 1 year period - My Life Story Book Project	Better prepared volunteers with suitable activities for the different age groups	Each child at the orphanage will have a My Life Story Book recording memories and events in their lives by the end of 2014		Improved physical, psychological, emotional development of at least 5% of the elderly residents especially in their motor skills by the end of 2014	Pre-assessment of the elderly, post-assessment, monthly reports by placement, volunteers and staff	Children will participate in all activities			
1.3	Organise at least 1 workshop per quarter for volunteers and placement staff to learn and improve on skills relevant to the goal		At least 4 workshops with 70% of placement staff and all care volunteers in country attending by the end of 2014				Residents at the infirmary will participate in all activities			
1.4	Organise to have a guest presenter attend at least 1 project meeting per quarter to provide expert advice and guidance on the Rights of the Child and Child Abuse		At least 4 project meetings on the Rights of the Child and Child Abuse being facilitated by an experienced guest presenter by the end of 2014				Placements will offer some level of flexibility for volunteers to increase and improve stimulation activities within or outside of normal schedule			
1.5	Assist volunteers in creative ways to execute their duties by facilitating at least 30 project meetings to pass on useful ideas and tips		At least thirty 30 project meetings that will enhance the capacity of the volunteers				Enough resources will be secured			
1.6	Purchase and/ or create at least 2 useful charts/ resources per placement to assist in executing duties/ responsibilities of volunteers/ staff at placement		70% of placements having charts on display by the end of 2014				Volunteers will be serious about work			
1.7	Engage volunteers in the distribution of at least 5,000 balls and enhancing stimulation of children through play		5,000 children in Jamaica will own a ball by the end of 2014							
1.8	Organise 1 social event per year for the elderly at the Infirmary		At least thirty (30) residents participating in the social event							
1.9	Facilitate relationships and bonds between volunteers and children at the orphanage for future friendships and mentorship through Chords of Love Project	Improved project going forward	Each child at the orphanage will have a friend / mentor in the form of a volunteer by the end of 2014 and will wear the signature wristband							
Goal 2: To improve the parenting skills of 150 individuals and the level of stimulation, emotional support and care received by 150 children (0-3) years old in 4 poor communities which will enhance their physical, psychological, nutritional, emotional and developmental needs over the next 3 years										

	Actions		Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
2.1	Organise weekly individual sessions for 3 hours with each registered child on the parenting project	Improved sensory, motor and cognitive development for children	50 children registered on the parenting project during the first quarter of 2014	Transportation cost for volunteers, staff, art and craft material, material to make toys, 5 parenting manual, transportation for social event, refreshment for social event, workshop - venue, refreshment, facilitator, folders, reproducing material	Improved development of children on the parenting project with 80% moving to the next developmental level every 6 months (June and December each year)	Developmental test results	Children will consistently participate in the activities	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Create an evaluation plan (to be developed by March 2014)
2.2	Organise group sessions for 3 hours so that children to interact with their own age group. Once per year organise a social event for children and parents	Improved social skills of children	1,800 interactive sessions with children each year (4 sessions monthly x 9 months = 36 session per child)		Increased display of positive social skills of 50% of children at the end of each year	Checklist of social skills (before intervention and at the end of each year)	Parents will consistently participate in the activities			Annual process, summative and outcome evaluation to be conducted by December 15th each year
2.3	Source, (design if necessary) and make early stimulation toys (with parents) and resource material to be used on stimulation sessions	Increased access to appropriate toys and resource material for children and parents to improve developmental needs	At least 24 group sessions (twice per month)		50 children each year having 6 toys each and demonstration of the toys being used by parents	Pictures of volunteers conducting sessions	Parents will do follow up activities with children outside of the parenting sessions			
2.4	Facilitate weekly individual parenting development sessions for 1 hour on key issues identified during interaction with children, observation and secondary data (discipline, health and safety, children's rights and nutrition among other things)	Parents are applying the skills learnt in raising their children	At least 4 individual parenting development sessions each month with 80% of parents on the parenting project		Checklist of key issues (before and after the intervention) showing 30% improvement based on issues addressed by the end of each year	Checklist of key issues (before and after the intervention)	Relevant agencies will collaborate on the various events			
2.5	Organise quarterly parenting empowerment workshops	Increased awareness of tools, techniques and strategies to be effective parents	4 parenting empowerment workshops held by November 2014 with 80% of parents on the parenting project participating			Toy box at each child's house	Parents with low literacy levels are willing to participate in Community Literacy Project			
2.6	Organise mini-community parenting fairs bi-annually to sensitise the general community about effective parenting	Improved community responsibility for the nurturing of children				Monthly reports	Enough resources will be secured			
2.7	Organise monthly workshops for volunteers to be fully knowledgeable on specific areas to be practiced/ taught to parents.	More aware volunteers on subject areas taught in workshop sessions				Feedback/ reports from parents	Volunteers will be serious about work			
Goal 3: To assess and improve the nutritional and health status of 150 children in the orphanage and other facilities over the next 3 years										
	Actions		Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation

3.1	Monthly meeting with volunteers to plan balanced diets for the children	More alert children, with healthier digestive and immune systems.	40 children showing improved health status by the end of 2014 resulting from eating balanced meals	Transportation cost for volunteers, staff, workshop - venue, refreshment, facilitator, folders, reproducing material	Increased knowledge on preparing healthy meals for children by all staff at the orphanage by the end of 2014	Consultation with caregivers as it relates to child's health; doctor's reports, frequency of illness, kinds of illness and activity level in comparison to before the project started	Caregivers will apply their newly gained knowledge in the preparation of meals	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation report to be developed
3.2	Arrange for a professional speaker at least once per quarter to present at a workshop on the topic of nutrition and health	More aware staff	At least 4 workshops by the ending of 2014, facilitated by professional speakers, on nutrition and health topics		70% of children happy, lively and healthy children and are less prone to common illnesses		Persons attending the workshops will find it beneficial			
3.3	Organising for at least quarterly check-ups for children by a medical doctor	Better fed children					Children will enjoy their meals and their health status will improve			
3.4	Preparation of 5 charts by volunteers illustrating healthy eating habits and the various food groups	More informed volunteers	5 charts on display at orphanage at the end of 2014				Placement supervisors will appreciate the initiative and encourage its continuation			
3.5	1 weekly meeting with placement supervisor to assess the project's delivery and reception						Enough resources will be secured			
3.6	Utilising existing or develop simple games to teach children about nutrition and health		At least 5 hours each week dedicated to games and activities teaching children about nutrition and health				Volunteers will be serious about work			
3.7	Organise and have readily available information for new volunteers about the project									
3.8	Organise 1 session per month for volunteers to interact with children in hospitals, engaging them in creative and cheerful activities while they recover (Broken Wings Project)									
3.9	Have volunteers assist in serving/ feeding meals to children									
Goal 4: To evaluate, improve and promote the safety and security of at least 400 children in orphanages and day care centres over the next 2 years										
	Actions		Output	Input	Indicators	Means of Verification	Assumptions	Responsibility	Monitoring	Evaluation
4.1	Volunteers will complete safety checklist at least once per month to assess safety measures being taken	Reduced occurrences of avoidable accidents and less exposed health hazards in reach of residents/ children.	At least 50% of placements, by the end of 2014, assessed and necessary recommendations put in place	Transportation cost for volunteers, workshop/ training resources, resources for volunteers to use at placement	Increased safety and security of at least 200 children by the end of 2014	Monthly safety checklist	Children will be able to grasp basic safety and security measures	Care Volunteers, Project Officer - Care Programme Development Manager	Monthly review of objectives, activities and outputs and make necessary adjustments to ensure objectives are being met	Evaluation report to be developed
4.2	Facilitate at least 1 workshop per quarter for placement staff		At least 4 workshops by the end of 2014 for placement staff			Before and after pictures	Staff will become more responsible in ensuring safety and security guidelines are followed by both staff and residents			
4.3	Facilitate at least 2 project meetings each quarter with volunteers to highlight and assess specific areas of project to be executed at specific times		8 properly planned project meetings by the end of 2014, covering specific topics for execution of goal				Placement supervisors will appreciate the initiative and encourage its continuation			
4.4	Plan activities geared at improving safety measures at placements						Enough resources will be secured			
4.5	Organise and have readily available information for new volunteers about the project						Volunteers will be serious about work			

