

# Care Management Plan

## Thailand



## OVERVIEW

### Company Mission

Our company mission is to make it the norm for young men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire.

### Care Programme Mission

Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development.

### Background Information

In Thailand, children from low income families face limited educational opportunities. 25% of children do not have access to organised early childhood education. According to the Office of National Education Standards and Quality Assurance, only 34% of early childhood centres meet the government's minimum standards. This negatively affects children's progress in school, health, motor skills, personal hygiene and social skills. Many schools are in need of additional materials, finances and staff to teach, carry out administrative work and oversee day-to-day management. This overload often compromises the children's development and attention given to them at school.

### Partners

Our Care programme partners consist of local schools and sub-district organisations. Sub-district organisations provide day care centres for children coming from low income families. Each centre prepares children to be ready for kindergarten and primary school education. Projects Abroad also works with two local schools, as well as a kindergarten.

Apart from the day care centres, Projects Abroad also partners with the Krabi Special Education Centre that works with physically and mentally disabled children.

## GOALS

In order to work towards our Care programme mission, we have set the following goals to achieve in the placements where we send volunteers:

### 1. Improve English

As Thailand's economy prepares for entering the Association of Southeast Asian Nations (ASEAN) trade agreement, there is a growing need for strong English language capabilities in the business sector. In the Krabi area, English is also needed for jobs in tourism. Therefore it is imperative that

children begin learning English at a young age. Volunteers encourage children in day care centres to speak English and build their confidence in using the English language.

## **2. Promote early childhood development**

Early childhood is the period from birth to eight years of age. It is critical to a child's cognitive, social, emotional and physical development.<sup>1</sup> Early education and preschool programmes enhance children's language and maths test scores, behavioural skills and long-term educational attainments.<sup>2</sup>

To promote early childhood development, volunteers help children develop skill sets ranging from social skills to motor skills in music, art and science. Volunteers pay special attention to slow learners so that they are not left behind and ensure all children are given the support and encouragement they need.

## **3. Improve hygiene levels of the children**

Most of the children in our care centres come from low income families in neighbouring communities. These areas are often less developed and experience lower levels of hygiene. Projects Abroad recognises the need to improve this and thus works with local staff to check each child's hygiene and provide a safe and clean environment at the centre. Volunteers also create activities and learning resources for children to learn to improve their personal hygiene.

## **4. Increase emotional support and care to children**

Many of the children grow up without one or both of their parents due to the impact of poverty. They are often left at home or in institutions with little stimulation or company. Children without parental care are at a higher risk for discrimination, inadequate care and abuse.<sup>3</sup>

Many children in Thailand suffer from physical and sexual abuse. Projects Abroad aims to educate each of its volunteers and partner organisations in mitigating sexual abuse in children through awareness campaigns and by spotting the common signs of a child who is suffering.

## **5. Improve the level of stimulation to each child**

To increase the stimulation to each child, activities are designed to ensure mental and physical skills are developed. It is recognised that not all children learn the same way so activities are tailored to each child's particular needs. Monthly meetings are held to discuss the progress of each child and to identify how each child reacted to various learning methods.

## **6. Improve the quality of life for those living with disabilities**

The inclusion of people living with disabilities is mainstreamed into the policies, processes and mechanisms of the Millennium Development Goals (MDGs) to ensure the participation of marginalised groups in society. Through working with a centre set up for children with special needs we aim to increase resources that can help the children learn and develop life skills. Increasing resources can be achieved by providing support to Thai professionals and supplying the placements with volunteers who are qualified in working with disabled children such as occupational therapists or specialist teachers.

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<sup>1</sup> [http://www.unicef.org/lac/Inequities\\_in\\_Early\\_Childhood\\_Development\\_LoRes\\_PDF\\_EN\\_02082012\(1\).pdf](http://www.unicef.org/lac/Inequities_in_Early_Childhood_Development_LoRes_PDF_EN_02082012(1).pdf)

<sup>2</sup> [http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099079922573/ECD\\_LAC.pdf](http://siteresources.worldbank.org/EDUCATION/Resources/278200-1099079877269/547664-1099079922573/ECD_LAC.pdf)

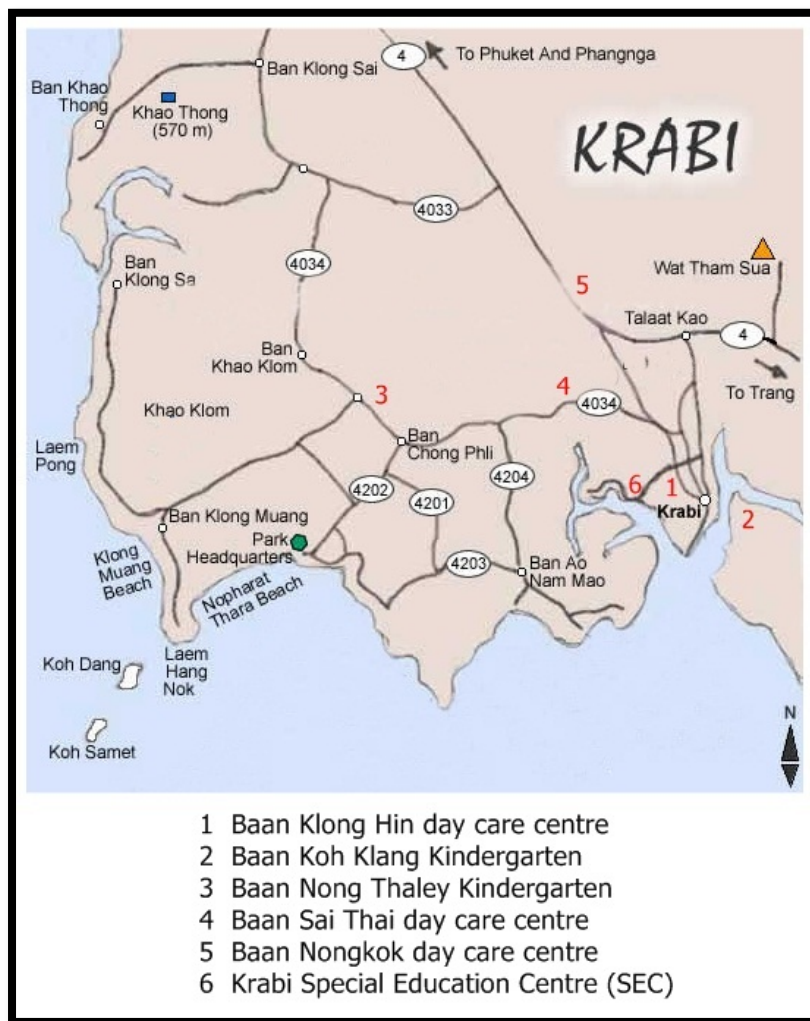
<sup>3</sup> [http://www.unicef.org/publications/files/Children\\_and\\_the\\_MDGs.pdf](http://www.unicef.org/publications/files/Children_and_the_MDGs.pdf)

## RESOURCES

- a. 250 (average) Care volunteers per year
- b. Projects Abroad Care Project Coordinator, local teachers and placement staff
- c. Myprojectsabroad resources ([www.projects-abroad.co.uk/resources](http://www.projects-abroad.co.uk/resources))
- d. Workshops/ discussion sessions conducted by staff
- e. Books, stationery, games, PCs and Internet access at the Projects Abroad office
- f. Financial capacity for community work, volunteer support, etc.

## LOCATION OF PLACEMENTS

The area of our placement is Sai Thai sub-district organisation, Baan Nong Thaley School, Baan Kohklang School and Krabi Special Education Centre.



## MONITORING & EVALUATION

- a. Regular feedback partners including monthly volunteer/staff/placement meetings
- b. Community feedback
- c. Onsite visits by staff
- d. Monthly report for each placement
- e. Feedback from Projects Abroad staff
- f. Volunteer Workshops/ discussion sessions
- g. Volunteer Debriefing forms and End of Placement Feedback forms
- h. Early Childhood Care and Development: Overall developmental status of children recorded after six months. Analysed by placement, area (motor, social, cognitive) and age. Results are compared with international standards. Based on this data, more resources are focused on problem areas
- i. Biannual Placement Evaluation Feedback
- j. Test results
- k. Health check-up results

<div> <div>Projects Abroad</div> <div>Care Programme - Thailand</div> </div>				
Company Mission: (the change we want to see in greater society)		INDICATORS	MONITORING (MEANS OF VERIFICATION)	ASSUMPTIONS
<p>Our company mission is to make it the norm for young men and women from developed countries to live and work as volunteers in a developing country; they should work on projects which have a clearly favourable impact on host-communities. In this way, we will continue to create a multi-national community with a passion to serve and to inspire</p>				
Care Programme Mission: (the change we want to see for the target group)				
<p>Our Care programme mission is to provide sustainable educational support, care and protection to disadvantaged children and vulnerable groups to enhance their physical, social, emotional and cognitive development</p>		<p>2014 is the implementation and mind-set changing year. Head Office-led status reviews will take place every 3 months. We expect to have the foundations of the new Care programme in place by the end of 2014</p>	<p>1. Onsite visits 2. Placement staff feedback 3. Projects Abroad staff feedback 4. Volunteer feedback (DQs &amp; EOPF) 5. Children feedback 6. Test results</p>	<p>1. Number of volunteers does not drop considerably 2. Number of volunteers with a good grasp of English does not drop considerably 3. Political and civil stability in the countries we work 4. No natural disasters that could affect our work</p>
Goal 1:				
IMPROVE ENGLISH				
	Actions:			
1.1	For a minimum of 1 hour per week research and document new learning and teaching aids			
1.2	Introduce a record keeping system for each placement			
1.3	Design and initiate 4 mini-campaigns per year			
1.4	Produce 2-4 new learning aids each month			
1.5	Set goals and target for the placement and monitor if anyone cannot reach the targets, identify and set the goal/ target for that child			
1.6	Record on a weekly basis activities and resources that are successful with the Care programme			
1.7	Work with teachers to improve classroom rules and methods of discipline			

1.8	Create visual learning aids on the placement walls and make sure these are updated every month			
1.9	Create a lead volunteer system where the experienced volunteer advises and mentors the new volunteers			
Goal 2:				
PROMOTE EARLY CHILDHOOD DEVELOPMENT				
	Actions:			
2.1	Carry out remedial classes for those identified as slow learners			
2.2	For a minimum of 1 hour per week research and document new learning and teaching aids to focus on the 4 key areas of ECD			
2.3	Design and initiate 4 mini-campaigns per year			
2.4	Introduce a record keeping system for each placement			
2.5	Run 2 workshops per month for volunteers on early childhood development, especially attachment theory			
2.6	Create weekly activity timetables to focus on 4 key areas of ECD			
	i. Physical - morning exercise, sport and dancing			
	ii. Social - introduce team games and group activities			
	iii. Emotional - meditation and counselling			
	iv. Learning - classroom activities			
2.7	Volunteers to have bi-weekly meetings with the care coordinator to assess what the placement needs for the following week			
2.8	Introduce creative activities to help develop motor skills			
2.9	Ensure no child is left by themselves for a substantial length of time			
2.10	Create team games where all the children are included			
2.11	Create visual learning aids on the placement walls and make sure these are updated every month			
2.12	Engage children in regular games and activities to improve their attention span			
2.13	Create a behavioural chart and update daily for all children in order to identify and monitor the times when the children are most challenging	Check with placements		

2.14	Introduce an open day where parents, volunteers and caregivers can come and see what children have created and discuss best practice.	Check with placements		
2.15	Create a lead volunteer system where the experienced volunteer advises and mentors the new volunteers			
<b>Goal 3:</b>				
<b>IMPROVE HYGIENE LEVELS OF THE CHILDREN</b>				
	Actions:			
3.1	Collaborate with the placement in order to provide health check-ups for children at least once in each semester			
3.2	Give 2 lessons per month to children about brushing their teeth and basic hygiene			
3.3	Each day allocate a time to check placement is clean and safe (no harmful object or hazards)			
3.4	Create and carry out a daily cleaning roster for each placement			
3.5	Create games to make cleanliness fun			
3.6	Do basic hygiene checks 3 times per day (before meal time and bed)			
<b>Goal 4:</b>				
<b>INCREASE EMOTIONAL SUPPORT AND CARE TO CHILDREN</b>				
	Actions:			
4.1	Establish a weekly chores roster for each placement including cleaning, feeding, bathing and nap time			
4.2	Run 12 workshops per year on sexual abuse and child safe practices			
4.3	Increase awareness of signs of child abuse			
4.4	Ensure all volunteers receive a copy of our Child Protection Policy			
4.5	Run 12 workshops per year for volunteers, so they can incorporate the techniques in the classroom			
4.6	Ensure activities are aimed at involving everyone (improving team participation)			
4.7	Ensure no child is left by themselves for a substantial length of time by doing headcounts when each new activity starts and ensuring children have activities to engage in during break times			
<b>Goal 5:</b>				
<b>IMPROVE THE LEVEL OF STIMULATION TO EACH CHILD</b>				
	Actions:			
5.1	Introduce a record keeping system for each placement			
5.2	Design and initiate 4 mini-campaigns per year			
5.3	Engage children in regular games and activities to improve their attention span			
5.4	Create a behavioural chart and update daily for all children in order to identify and monitor the times when the children are most challenging	Check placements		

5.5	Introduce creative activities each day to help develop motor skills			
Goal 6:				
IMPROVE THE QUALITY OF LIFE FOR THOSE LIVING WITH DISABILITIES				
	Actions:			
6.1	Create a behavioural chart for all children in order to identify and monitor the times when they are most challenging			
6.2	Introduce creative activities to help develop motor skills			
6.3	Introduce a record keeping system for each placement and maintain it for each child on a monthly basis, including profile of child, learning ability, preferences, dislikes, etc.			